

Other Programs, services and items:

- First aid kits
- Defibrillators
- End of life services
- Grief / Bereavement Support
- Senior Home Care Services
- Reiki



Guiding Hand is an Authorized Third Party provider of CERT program. Please contact us for your corporate or personal training needs: Group rates available.

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CERT



Certified Emergency Response Training
“Saving Lives through Education and Technology”

ABOUT CERT



CERT has been operating since 1999, and is recognized and certified by the Workplace Safety and Insurance Board (WSIB). Our team consists of adult educators, health and safety specialists, and emergency first responders. We provide onsite training to corporate clients, government agencies, and community groups. We also provide personalized training in the comfort of your own home.

We are based in Toronto and provide training throughout the GTA and surrounding area, including Niagara Falls, Windsor, Ottawa, Hamilton, and London.

Our training is always professional and fun and customized to meet the client's needs.

"We have been using CERT for years to meet our training needs. The program has helped my staff build confidence and become rescue ready. The instructors are always very professional and make the class interesting".
~ Glenn. Tim Horton's franchisee

TRAINING COURSES



Emergency First Aid and CPR / SFA Recertification

Summary: 6.5 hours (*in class time requirement*). Topics include; CPR, choking, medical conditions, wounds and bleeding, burns and elective topics. This certification expires every 3 years.

Standard First Aid and CPR

Summary: 13 hours (*in class time requirement*). Topics include; All EFA topics and elective topics including, head and spinal injuries, eye injuries, bone and joint injuries, advanced AED, emergency child birth, poisons, environmental conditions. This certification expires every 3 years.

CPR / AED Training

Summary: We deliver both CPR certification and recertification for the health care provider as well as non- health care providers.

Instructor Training

Summary: Are you interested in becoming a First Aid and CPR Instructor? Perhaps you would like to internalize your training. Please reach out to us for a details on upcoming workshops.

FAMILY AND CHILD COURSES



Junior Paramedic Program (JPP)

Summary: This 1.5 hours course is for those aged 6 to 8 years. During this training participants will learn how to identify hazards, call 911/EMS, bandage wounds, and how to treat participants who are unconscious and choking.

Senior Paramedic Program (SPP)

Summary: This 1.5 hours course is for those aged 9 to 11 years. During this training participants will learn everything from JPP program as well as CPR.

Family First Aid Training or Host a First Aid Party

Summary: Do you, your friends or family know what to do in a medical emergency? If not let us show you during this customizable fun first aid training. It's simple, you host the party and we provide a fun and interactive training that can be life changing. Invite all your friends and family and let us know what you would like to learn and we will develop a course to fit your needs. Time and price varies depending on number of attendees and length of course (1.5 – 6.5 hours)